

CMUJ COVID-19 INFORMATION



KEY POINTS

- Corfe Mullen United Junior Football Club has appointed Kirsty Southern as their Covid Officer. Contact email cmujfc.covidofficer@gmail.com. Each team has an individual covid rep who will ensure along with the manager all covid guidelines are followed.
- Only one parent/carer per youth player is permitted to be present at football activities for safeguarding reasons. They must observe relevant Government Covid-19 guidance.
- Participants, including coaches and match officials must self-assess for COVID-19 symptoms before every training session or match. If you are symptomatic or living in a household with possible or actual COVID-19 infection you must not participate or attend.
- All participants must remain socially distanced during breaks in play, with spaced areas for equipment and refreshment storage for each individual including official and substitutes.
- Coaching staff and substitutes should spread out and avoid sharing a dug out or bench. Players and officials should also observe social distancing during sin-bin instances
- Shouting – There is an additional risk of infection in close proximity situations where people are shouting or conversing loudly. If possible players should therefore avoid shouting or raising their voices when facing each other during, before and after the game. This is included in the FA's Code of Behaviour.
- Spitting – Everyone should refrain from spitting. If you need to sneeze or cough, you advised to do so into a tissue or upper sleeve and advised to avoid touching your face
- Clubs and facility providers should ensure that their facility is compliant with current Government legislation and guidance related to COVID-19.
- Competitive training is now permitted,
- Competitive match play is permitted, with social distancing in place before and after the match, and in any breaks in play.
- Players and officials should sanitise hands before and after a game as well as scheduled breaks throughout a game or training session.
- Ball handling should be kept to a minimum with most contact via a boot and the ball disinfected in breaks of play.
- Youth football coaches are encouraged to limit persistent close proximity of participants during match play and training.
- Goal celebrations should be avoided.
- Equipment should not be shared, and goalkeepers should ensure they disinfect their gloves regularly in breaks in training or matches and thoroughly afterwards. Where possible, coaches should only handle equipment in training.
- Player should arrive ready for football. Changing rooms and showers are not available.

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KEY POINTS CONTINUED

- Participants must follow the government's guidance on safer travel <https://www.gov.uk/guidance/coronavirus-covid-19-safer-travel-guidance-for-passengers> Participants should note that this guidance will be updated as we move through the different steps of the Government's roadmap. Therefore, all participants should regularly review this guidance to make sure they are following up to date information
- Clubs should keep a record of attendees at a match or training session, including match officials for home games, including contact details, to support NHS Test and Trace. This is generated via the self-assessment form.
- Collection of training and match fees must be cashless.
- Clubs should ensure they are affiliated with their **County Football Association**.

CMUJFC risk assessment can be found on pages 9-14 of this document and can also be viewed on our website. Please follow this link:

http://www.corfemullenunited.co.uk/covid/CMUJ_Risk_Assesment_Version_1.0_August_2020.pdf

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MATCH/TRAINING INFORMATION

1. All teams must adhere to the current COVID FA Guidelines
2. Match balls/goal posts should be cleaned/ disinfected prior to kick-off.
3. Half time the match balls/goal posts should be cleaned/ again.
4. Players and officials should sanitise hands before and after a game.
5. Pre match handshake not happen.
6. Team talk huddles should not take place. Team talks can take place as long as social distancing is maintained.
7. Warm up and cool down should always observe social distancing
8. Coaches, other team staff and subs are allowed, but must always observe social distancing on touchlines/dug outs. Social distancing must also be observed during interaction when a substitution is being made.
9. Coaching staff and substitutes should spread out and avoid sharing a dug out or bench. Players and officials should also observe social distancing during sin-bin instances
10. Set plays – free kicks: referees and coaches should encourage players to get on with the game and not unnecessarily prolong set play set-up, such as defensive walls
11. Shouting – There is an additional risk of infection in close proximity situations where people are shouting or conversing loudly. If possible players should therefore avoid shouting or raising their voices when facing each other during, before and after the game. This is included in the FA's Code of Behaviour.
12. Spitting – Everyone should refrain from spitting. If you need to sneeze or cough, you advised to do so into a tissue or upper sleeve and advised to avoid touching your face
13. Interaction with referees and match assistants, should only happen with players observing social distancing
14. Ball handling should be kept to a minimum with most contact via a boot and the ball disinfected in breaks of play.
15. Equipment should not be shared, and goalkeepers should ensure they disinfect their gloves regularly in breaks in matches and thoroughly afterwards. Where possible, coaches should avoid handling equipment being used by players.
16. Exchanging Assistant Referee flags is to be avoided. Each team should supply its own flag, and should it be necessary to change official the flag should either be cleaned, or an alternative bright coloured item used e.g. training bib.
17. Youth football coaches are encouraged to limit persistent close proximity of participants during match play.
18. For minor football related injuries during play it is suggested any treatment could be applied by the parent under the guidance of the team's qualified First aider, who should maintain social distancing.

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MATCH/TRAINING INFORMATION CONTINUED

19. For injuries that are a risk to life and limb, the teams qualified first aider must attend wearing the appropriate PPE. Please see the clubs Medical Emergency Action Plan.
20. Goal celebrations should be avoided.
21. Bournemouth League - Coaches and Substitutes from each team should be together on one side of the pitch with the spectators directly opposite on the other side and in small bubbles (max 6), spectators must maintain social distancing with assistant referee's running the line. **Diagram follows on page 13**
22. Dorset League – Coaches, Substitutes and Spectators from each team should be together on one side of the pitch with the opposition group on the other side and in small bubbles (max 6). No one should be behind the goals. This temporarily over-rides Charter Standard guidance that all spectators should be on one side and all coaches and players on the other. **Diagram follows on Page 14**
23. Each team must keep a Track & Trace attendance sheet of every person who attended the match and be able to obtain their contact details if required. This must be kept for 21 days. In an event of NHS Track and trace contacting us due to a positive test, you must email inform the covid officer Kirsty Southern immediately
24. Car Parking – The car park at Corfe Mullen Recreation Ground can become full quickly on match days. When parking cars please adhere to social distancing guidelines and continue to do so whilst you make your way to the pitch. If you are able, please come to matches on foot. Where this is not possible, park sensibly at the rec and surrounding residential roads. Always ensure when parking your car, there is adequate room for emergency vehicles to access the rec and nearby properties.

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MANAGERS RESPONSIBILITIES

- Nominate someone to be a member of the covid group
- Ensure you have a returned consent form for each player
- Sanitise all equipment, including goal posts and corner flags at the start, during and end of all matches and training
- Maintain clean equipment and avoid sharing between players.
- Disinfect footballs during breaks in play
- Practise social distancing pre and post match
- All participants must remain socially distanced during breaks in play, with spaced areas for equipment and refreshment storage for each individual including official and substitutes.
- Ensure no handshakes, huddles or goal celebrations
- Exchanging Assistant Referee flags is to be avoided. Each team should supply its own flag, and should it be necessary to change official the flag should either be cleaned, or an alternative bright coloured item used e.g. training bib
- Ensure players sanitise their hands pre and post match and during break with their own sanitiser
- Allow parents/carers to attend to their child's injuries unless life/limb threatening.
- Advise parents who are present to practise social distancing
- Encourage players to take quick set plays to avoid prolonged close marking and defensive walls.
- No spitting at all on site and no shouting in close proximity to others
- Share any venue specific covid-19 safety information with the opposition as appropriate when requested via NHS Test and Trace.
- Appoint match officials (referee and lines person) prior to match to ensure a self assessment can be completed.
- Ensure all participants practise social distancing before, after and during breaks in play
- Children with any disability or increased medical needs must discuss this specifically with the club and coach
- Collection of training and match fees must be cashless.

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TEAM COVID REPRESENTATIVE RESPONSIBILITIES

- In competitive football the covid officer or covid group must be available at each training session or match to answer questions or queries.
- Be familiar with the clubs risk assessment
- Be familiar with the FA covid-19 match play safety briefing
- Be familiar with the players and parents' responsibilities.
- Check player and self assessment's have been received for all attendees for each training session and match. Including match officials. If self-assessment has not been received, ask parent to complete before player can join the rest of the team. Self assessments to be completed via forms on Google docs and will export to form a register. This register must be emailed to cmujfc.covidofficer@gmail.com after each training session and match. You must then delete the register from your email. The covid officer will then retain this information for 21 days.

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PLAYER RESPONSIBILITIES

- Bring your own hand sanitiser clearly marked with your name
- Bring your own filled water bottle clearly marked with your name
- Try to go to the toilet before leaving home
- Wash your hands with soap and water before leaving home
- Upon arrival and after the match apply some hand sanitiser
- Do not share or touch any equipment with your hands. Including footballs unless taking a throw-in or in goal!
- Remain 2 meters apart from anyone else whilst not in active play
- Shouting – There is an additional risk of infection in close proximity situations where people are shouting or conversing loudly. If possible players should therefore avoid shouting or raising their voices when facing each other during, before and after the game. This is included in the FA's Code of Behaviour.
- Spitting – Everyone should refrain from spitting. If you need to sneeze or cough, you advised to do so into a tissue or upper sleeve and advised to avoid touching your face

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PARENT RESPONSIBILITIES

- Ensure you have completed the consent & health self-assessment for your child. Your child will not be allowed to train or play without this completed.
- Only one parent/carer per youth player is permitted to be present at football activities for safeguarding reasons. They must observe relevant Government Covid-19 guidance.
- Provide your child with their own hand sanitiser
- Provide your child with their own drinks bottle
- Please ensure your child is changed and ready to exercise
- If your child is injured, you may be required to attend them. The manager or coach will indicate to you if this is required.
- Please ensure you socially distance.
- Please ensure your child's kit is washed between matches/training.
- Children with any disability or increased medical needs must discuss this specifically with the club and coach
- You may already be aware that the period of isolation may have resulted in your child becoming anxious or unsure whether to resume previous activities, such as football. Please only support their return to football activity when they feel confident to do so and you feel the activity is safe and right for them
- Please ensure your child/children know how to maintain good hygiene and hand washing;
- Young children may struggle to maintain social distancing. Please continue to do your best to help your child recognise what 'social distancing' looks and feels like for example; relating to arm spans or standing jumps for example;
- Car Parking – The car park at Corfe Mullen Recreation Ground can become full quickly on match days. When parking cars please adhere to social distancing guidelines and continue to do so whilst you make your way to the pitch. If you are able, please come to matches on foot. Where this is not possible, park sensibly at the rec and surrounding residential roads. Always ensure when parking your car, there is adequate room for emergency vehicles to access the rec and nearby properties.
- Participants must follow the government's guidance on safer travel <https://www.gov.uk/guidance/coronavirus-covid-19-safer-travel-guidance-for-passengers> Participants should note that this guidance will be updated as we move through the different steps of the Governments roadmap. Therefore all participants should regularly review this guidance to make sure they are following up to date information
- Collection of training and match fees must be cashless. The manager of your child's team will advise the process for this.

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Health and Safety Risk Assessment Corfe Mullen United Juniors Covid-19 Version 2.0 March 2021					
<i>Risk ratings: Red = serious issues and risk/interventions needed immediately Amber = some issues/being managed/needs monitoring Green = on track</i>					
Area of Risk	Risk Rating (RAG*)	Solution/Mitigation	Mitigated RAG Rating	Review Date	By Whom
Exposure to/from family members/school & social bubbles	Red	Do not come to football when someone you live with has been diagnosed with Covid19. Self-isolation procedures must be followed as per the government	Green	12/4/2021	CMUJ FC COVID Group

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		guidelines.			
Experiencing symptoms of Covid 19	Red	If you experience any symptoms of Covid-19 (including high temperature/fever, persistent cough, shortness of breath) you must not come to football but should start following the guidance on self-isolation. Parents/guardians/coaches/match officials issued with 'self-screen checklist' and asked to use this before attending all training sessions and matches.	Green	12/4/2021	CMUJ FC COVID Group
Travelling to/from football	Red	The government guidance on travel is that the 'stay at home' rule will end on 29th March 2021, but many restrictions will remain in place. All participants must follow the Governments guidance on safer travel. https://www.gov.uk/guidance/coronavirus-covid-19-safer-travel-guidance-for-passengers	Green	12/4/2021	CMUJ FC COVID Group

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Exposure to/from contaminated surfaces	Red	If bibs are to be used they should be issued to a player and not shared. Player to retain bib, wash and bring for training and matches. Cones should only be set out and collected by the coach. Any equipment that is shared to be cleaned regularly. Players to be told to limit touching footballs with their hands to a minimum, and to use their feet to move the ball whenever possible instead of picking the ball up.	Green	12/4/2021	CMUJ FC COVID Group
Social Distancing	Red	Activities to be planned/organised to reduce crowding and minimise the risk of spreading infection. Social distancing should be observed before training and matches begin, in any breaks in training and matches (ie halftime), and as soon as training sessions and matches have finished. Parents/guardians/spectators must adhere to the government's social distancing guidelines at all times.	Green	12/4/2021	CMUJ FC COVID Group

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First aid provision/Injury	Red	In the event of an injury, the responsible adult for the child/member of social bubble should administer first aid. In the event of a serious accident normal protocols should be followed using PPE including mask and gloves and the emergency services called.	Green	12/4/2021	CMUJ FC COVID Group
Members are not aware of or not following the current safety advice	Red	Ensure advice and updated risk assesment available to all who require it and that additional updates are sent as and when further guidance is issued.	Green	12/4/2021	CMUJ FC COVID Group
Insufficient data to assist track and trace service as received	Red	Continue to capture all data and ensure it is available on request. Attendance register to continue to be completed.	Green	12/4/2021	CMUJ FC COVID Group
Members not aware of club protocols, risk mitigation actions	Red	Clear communication of latest guidance to be given to coaches, players and parents. As legislation and guidelines change this assesment will be reviewed and further advice will be given to managers/coaches/players and parents Club has appointed a COVID-19 officer.	Green	12/4/2021	CMUJ FC COVID Group
Car parking arrangements are	Amber	Ensure our members know where to park	Green	12/4/2021	CMUJ FC COVID Group

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inadequate		Opposition/match officials informed			
Changing rooms are used unsafely	Red	Changing rooms are not available for use Inform match officials	Green	12/4/2021	CMUJ FC COVID Group
Toilet facilities are inadequate	Amber	Use of toilets within the clubhouse are available. Parish council to inform of cleaning schedules.	Amber	12/4/2021	CMUJ FC COVID Group
Provisions of hand sanitizing equipment is inadequate	Red	Ensure sanitizing supplies provided on all sites. Members informed to provide own personal hand sanitiser	Green	12/4/2021	CMUJ FC COVID Group
First aid support insufficient	Red	Ensure managers and first aiders have appropriate PPE. First aiders adequately trained	Green	12/4/2021	CMUJ FC COVID Group
Sanitising of Equipment	Red	Ensure balls are sanitised prior, during and after use. Each player to be given own bib for training, for which they are responsible for bringing weekly and cleaning. Goalies must bring own gloves and sanitise regularly. Each team to use own linesperson flag, which must be sanitised prior and after use. Goalposts and corner flags to be wiped with disinfectant, before, half time and end of	Green	12/4/2021	CMUJ FC COVID Group

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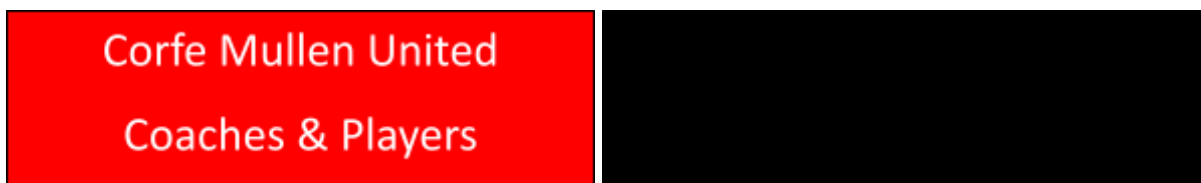
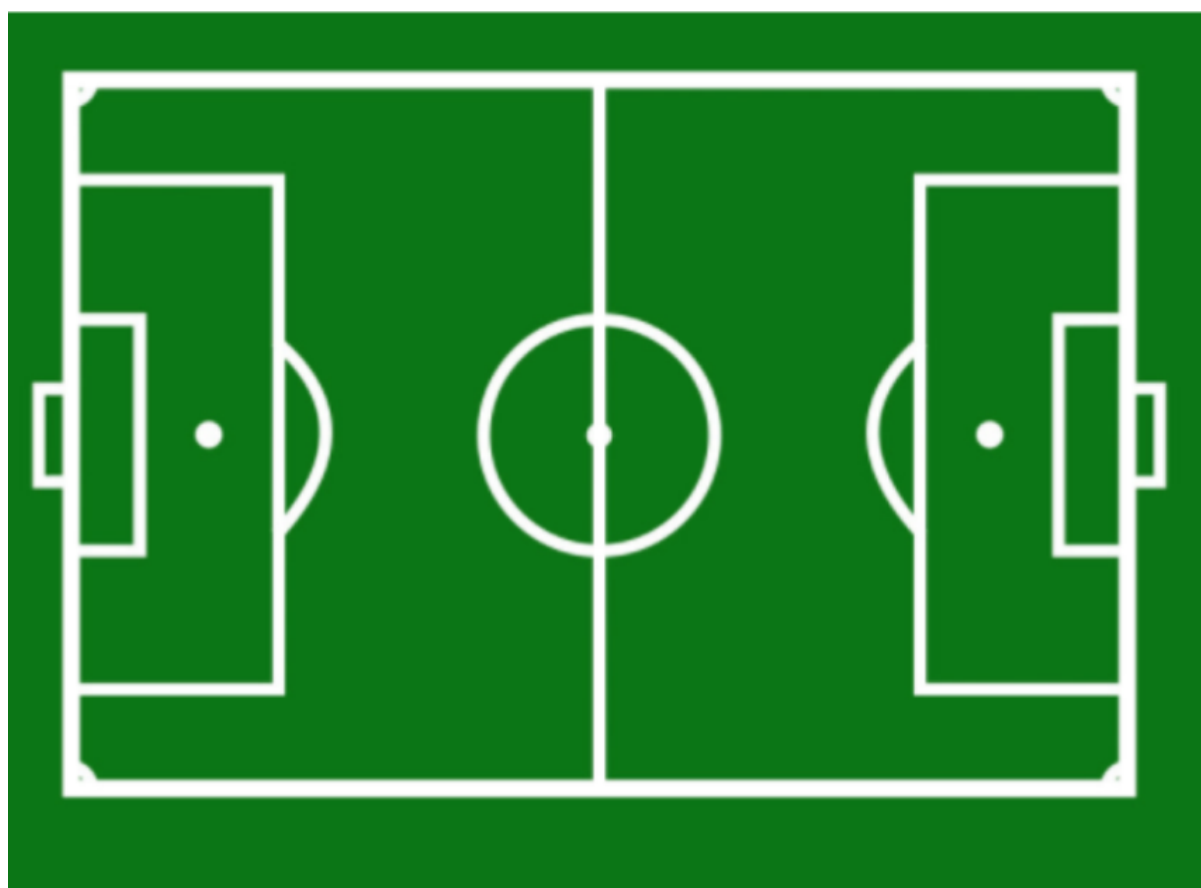
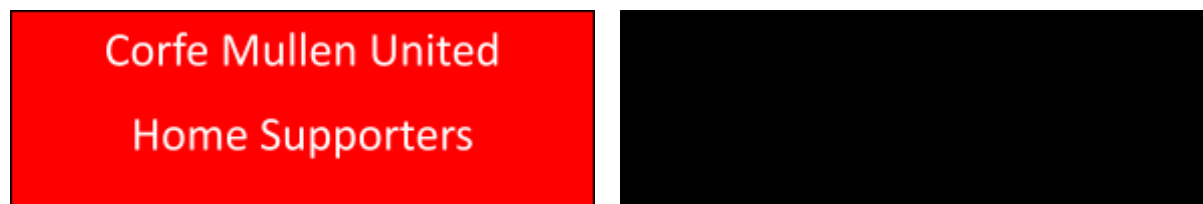


		match. Spectators not to touch footballs.			
Version 2020.1					
Completed by					
Name: Kirsty Southern					
Club Role: Covid Officer & Mini Secretary					
Signature: K Southern					
Date: 28/03/2021					
Checked by					
Name:					
Club Role:					
Signature:					
Date:					

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BOURNEMOUTH LEAGUE PITCH DIAGRAM

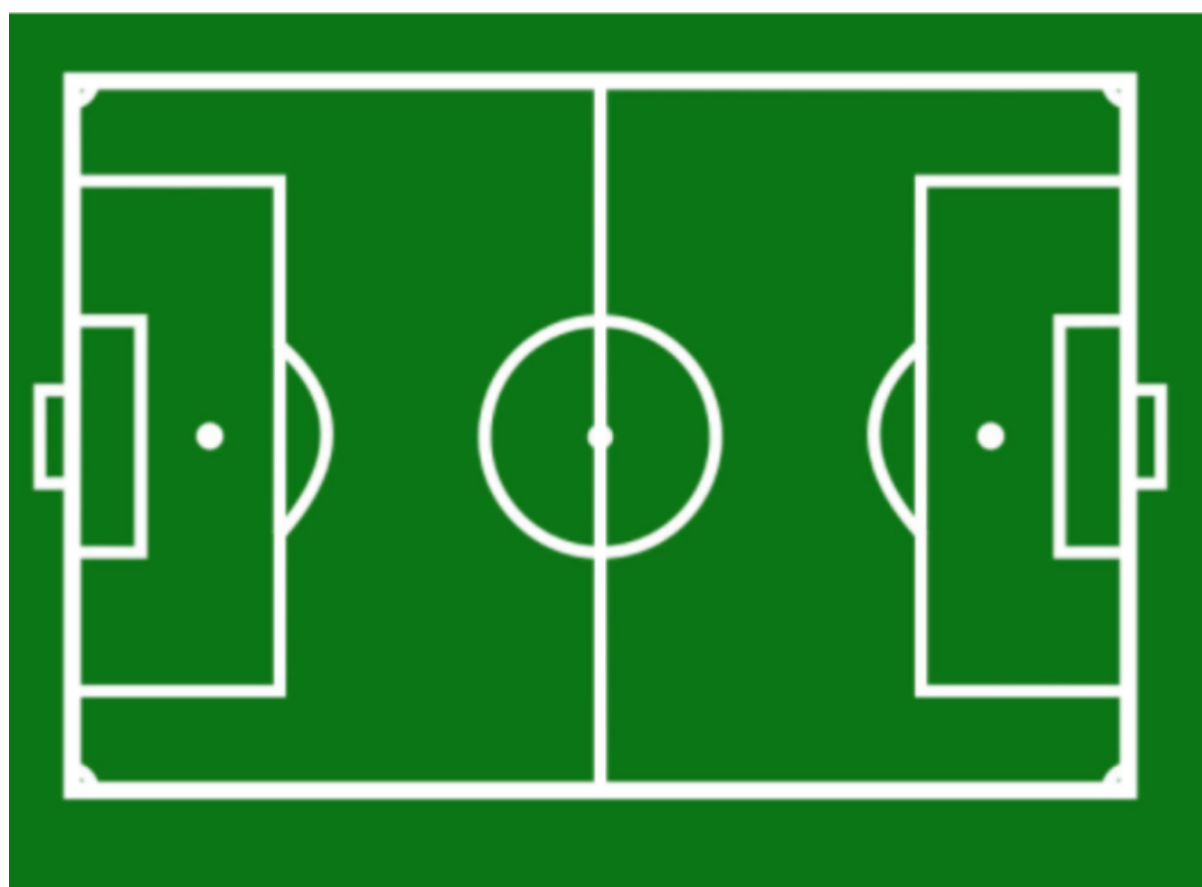


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DORSET LEAGUE PITCH DIAGRAM

Away Team Supporters
Away Team Coach & Players



Corfe Mullen United Coach & Players
Corfe Mullen Supporters

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COVID-19 MATCHPLAY SAFETY BRIEFING

COVID-19 MATCHPLAY SAFETY BRIEFING (FA Code of Behaviour)

All those returning to competitive grassroots football must adopt the following code of behaviour:

BE AWARE OF YOUR OWN PERSONAL HEALTH

If you show any of the Covid-19 symptoms you must stay at home, inform NHS Test and Trace and seek medical advice.

BE RESPONSIBLE

Read the guidance provided by The FA and by your club so that you are aware of the changes to the game and what is expected of you. This will include things like being prepared to wash your own kit, bringing your own labelled water bottle and being aware of changes to meet-up times.

PRACTISE GOOD HYGIENE

Wash your hands regularly and before, during and after a game.

WHERE POSSIBLE MAINTAIN SOCIAL DISTANCING

This won't always be possible in a competitive match environment (for example when tackling an opponent) and that is acceptable. However, before, and after a game you should maintain social distancing.

SUPPORT NHS TEST AND TRACE

You're likely to be asked to provide your details so that in the event of a Covid-19 outbreak those potentially infected can be traced. This is to everyone's benefit so please co-operate.

DO NOT SPIT

Spitting and the rinsing out of mouths is now a recognised risk to health and must not be done. Avoid shouting or raising your voice if face to face with other players.

AFTER THE GAME

Be aware that other users may be waiting to use the facilities. Changing rooms and showers are likely to be closed and any socialising must follow the Government's guidance on social distancing.

CLUB/VENUE GUIDANCE

Insert any specific guidance for your club/venues to be followed by players, coaches, match officials and spectators.

